



TELACU Courtyard	42 East Walnut Street	Pasadena	CA	91103 8188373775x112	Exercise Program (AFEP)
TELACU Del Rio	9036 E Washington Blvd.	Pico Rivera	CA	90660 8188373775x112	Exercise Program (AFEP)
TELACU Las Flores	12793 Mercer St	Pacoima	CA	91331 818-686-9232	Exercise Program (AFEP)
TELACU Pointe	3100 Fletcher Dr	Los Angeles	CA	90065 323-478-1418	Exercise Program (AFEP)
TELACU Senior Housing	13000 Doty Avenue	Hawthorne	CA	90250 8188373775	Exercise Program (AFEP)
TELACU Terrace	4536 West 118th Street	Hawthorne	CA	90250 8188373775	Exercise Program (AFEP)
TELACU Manor	7100 E. Gage Ave	Commerce	CA	90040 8183753775	Exercise Program (AFEP)
TELACU Villa Hermosa	13679 Telegraph Rd	Whittier	CA	90604 8188373775	Exercise Program (AFEP)
TELACU - Las Palmas	89 S. Chapel Ave	Alhambra	CA	91801 8188373775	Exercise Program (AFEP)
The Gardens	333 Monterey Park	Glendale	CA	91206 8188373775 ex. 112	Exercise Program (AFEP)
The Kalisher	333 Kalisher St.	San Fernando	CA	91340 8188373775 ex. 112	Exercise Program (AFEP)
The Salvation Army	180 East Ocean Blvd	Long Beach	CA	90802 562-436-7000	Aquatic Program (AFAP)
The Wellness Center	1200 N State St.	Los Angeles	CA	90033 (213) 784-9191	Exercise Program (AFEP)
Trilogy at Glen Ivy - Blue Water Sports Club	24503 Trilogy Parkway	Temescal Valley	CA	92883 503-621-8656	Exercise Program (AFEP)
Vacaville Fibromyalgia Group Vaca Valley Hospital	1000 Nut Tree Rd	Vacaville	CA	95687 (707) 624-7000	Exercise Program (AFEP)
Village at Northridge	9222 Corbin Ave	Northridge	CA	91324 818-812-4633	Exercise Program (AFEP)
Village at Sherman Oaks	5454S Vesper Ave	Sherman Oaks	CA	91411 818-538-6728	Exercise Program (AFEP)
Warm Water Fitness	400 Hoover Ln	Nevada City	CA	95959 530-265-3245	Aquatic Program (AFAP)
Willowbrook Senior Center	12915 Jarvis Ave	Los Angeles	CA	90061 8188373775	Exercise Program (AFEP)
Wilshire House	1125 3rd Street	Santa Monica	CA	90403 8188373775 ex. 112	Exercise Program (AFEP)
Yolo Center for Families	175 Walnut St	Woodlan	CA	95695 530-406-7221	Exercise Program (AFEP)
YWCA Walnut Park	7515 Pacific Blvd.	Huntington Park	CA	90255 8188373775 ex. 112	Exercise Program (AFEP)
City of Broomfield	280 Spader Way	Broomfield	CO	80020 303-460-6918	Aquatic Program (AFAP)
Covenant Village of Colorado	9153 Yarrow St.	Westminster	CO	80021 303-515-6357	Aquatic and Exercise Programs (AFAP/AFEP)
Easter Seals Pool Colorado	5755 W Alameda Ave	Lakewood	CO	80226 303-233-1666	Aquatic Program (AFAP)
Health Center at Franklin Park	1535 Park Ave	Denver	CO	80218 303-832-9323	Exercise Program (AFEP)
Montrose Community Recreation Center	16350 Woodgate Raod	Montrose	CO	81401 970-249-7705	Aquatic Program (AFAP)
Mountain View Manor	621 Pine Street	Steamboat Springs	CO	80477 970-734-9277	Exercise Program (AFEP)
Northwest Colorado Health	745 Russell St	Craig	CO	81625 9708704118	Exercise Program (AFEP)
Northwest Colorado Health	940 Central Park Drive Suite 101	Steamboat Springs	CO	80487 970-870-4118	Exercise Program (AFEP)
Porter Place	1001 E Yale Ave	Denver	CO	80210 303-765-6800	Exercise Program (AFEP)
Ridge Recreation Center	6613 S Ward St	Littleton	CO	80127 303.409.2264	Aquatic Program (AFAP)
Southeast YMCA	2190 Jetwing Dr.	Colorado Springs	CO	80916 7193925244	Aquatic Program (AFAP)
Springbrooke Retirement & Assisted Living	6800 Leetsdale Dr	Denver	CO	80224 303-331-9963	Exercise Program (AFEP)
Thomas Bean Towers	2350 Cleveland Pl	Denver	CO	80205 720-946-6029	Exercise Program (AFEP)
Woodland Park Senior Center	321 N Pine Street	Woodland Park	CO	80863 719-687-3877	Exercise Program (AFEP)
Wray Rehabilitation and Activities Center Inc	700 Main St - PO Box 447	Wray	CO	80758 970-332-4451	Aquatic and Exercise Programs (AFAP/AFEP)
Essex Meadows Lifecare Retirement Community	30 Bokum Rd	Essex	CT	6426 860-767-7201	Aquatic Program (AFAP)
Hospital for Special Care Aquatic Rehabilitation Center	2150 Corbin Ave	New Britain	CT	6053 877-472-7665	Aquatic Program (AFAP)
Lapham Community and Senior Center	Waveny Park	New Canaan	CT	6840 203-594-3620	Exercise Program (AFEP)
Mandell Jewish Community Centr	335 Bloomfield Ave	West Hartford	CT	6117 860-236-4571	Aquatic Program (AFAP)
Plainville Senior Center	200 East Street	Plainville	CT	6062 860 747-5728	Exercise Program (AFEP)
Shoreline Physical Therapy	131 Boston Post Rd.	East Lyme	CT	6333 (860) 739-4497	Exercise Program (AFEP)
Sullivan Senior Center	88 E Albert St	Torrington	CT	6790 860-489-2211	Exercise Program (AFEP)
TR Center	3030 G St SE	Washington	DC	20019 202-698-1794	Aquatic Program (AFAP)
Bear Glasgow Family YMCA	351 George Williams Way	Bear	DE	19702 302-836-9622	Aquatic Program (AFAP)
Brandywine YMCA of Delaware	3 Mount Lebanon Rd	Wilmington	DE	19803 302-478-9622	Aquatic Program (AFAP)
Claymore Senior Center	504 S Clayton St	Wilmington	DE	19805 (302) 428-3170	Exercise Program (AFEP)
Fram Center for Active Adults	669 So. Union Street	Wilmington	DE	19805 302-998-6114	Aquatic Program (AFAP)
New Castle Senior Center	400 South ST	New Castle	DE	19720 302.326.4209	Exercise Program (AFEP)
Sussex Academy Aquatic Center	21150 Aiport Road	Georgetown	DE	19947 302-856-7805	Aquatic Program (AFAP)
The Wellness Center	20268 Plantation Road	Lewes	DE	19958 302-296-6659	Exercise Program (AFEP)
Altamonte Mall Food Court	436 E Altamonte Dr.	Altamonte Springs	FL	32701 407-718-9066	Exercise Program (AFEP)
Azalea Recreation Center	1600 72nd St N	Petersburg	FL	33710 727-893-7150	Exercise Program (AFEP)
Casselberry Senior Center	200 N Triplet drive	Casselberry	FL	32707 407-262-7700	Exercise Program (AFEP)
First United Methodist Church	1001 Constitution Drive	Port St Joe	FL	32456 573-263-2111	Exercise Program (AFEP)
Fran Carlton Community Center	111 North Forrest Ave	Apopka	FL	32703 407-718-9066	Exercise Program (AFEP)
Kinneret Senior Apts	515 Delaney Ave	Orlando	FL	32801 407-718-9066	Exercise Program (AFEP)
L Claudia Allen Senior Center	1840 Mable Butler Ave	Orlando	FL	32805 (407) 246-4461	Exercise Program (AFEP)
Long Center	1501 N Belcher Rd	Clearwater	FL	33765 7277265291	Aquatic Program (AFAP)
North County Senior Center	5217 Northlake Blvd.	PBG	FL	33418 5613395213	Exercise Program (AFEP)
Northeast Florida AHFC	2223 Oak Street	Jacksonville	FL	32204 904-482-0189	Aquatic Program (AFAP)
Southcentral/SouthEast Focal Point Senior Center	6700 Miramar Prky	Miramar	FL	33323 9548892701	Aquatic and Exercise Programs (AFAP/AFEP)
Willow Street Community Center	6565 Willow Street	Zellwood	FL	32798 407-718-9066	Exercise Program (AFEP)
City of Forest Park Recreation	803 Forest Parkway	Forest Park	GA	30297 404-363-2908	Aquatic Program (AFAP)
Clayton County Parks and Recreation	2300 Highway 138 SE	Jonesboro	GA	30236 770-477-3766	Aquatic Program (AFAP)
Club Fitness	830 Maple St.	Carrollton	GA	30117 770-354-0607	Aquatic Program (AFAP)
Cumming Aquatic Center	201 Aquatic Circle	Cumming	GA	30040 770-781-1781	Aquatic Program (AFAP)
DYNAMO Swim Club	3119 Shallowford Rd	Chamblee	GA	30341 770-451-3272	Aquatic Program (AFAP)
Ed Isakson/Alpharetta YMCA	3655 Preston Ridge Rd	Alpharetta	GA	30005 770-663-3549	Aquatic Program (AFAP)
Golden Isles YMCA	1505 Richmond St	Brunswick	GA	31520 912-265-0620	Aquatic Program (AFAP)
H2U at Wesleyan College, Mathews Athletic Center	4670 Forsyth Road	Macon	GA	31210 478-757-3775	Exercise Program (AFEP)
Hughston Clinic	6262 Veterans Parkway	Columbus	GA	31908 706-324-6661	Aquatic Program (AFAP)
J. Charley Griswell Senior Center	2300 Highway 138 SE	Jonesboro	GA	30236 770-477-3499	Exercise Program (AFEP)
McCleskey-East Cobb Family YMCA	1055 E. Piedmont Road	Marietta	GA	30062 770 977-5991	Aquatic Program (AFAP)
South Georgia Medical Center Cardiac Rehab Center	201 Pendleton Dr. Suite 270	Valdosta	GA	31602 229-245-6211	Exercise Program (AFEP)
Southeast Georgia Health System	2415 Parkwood Dr	Brunswick	GA	31520 912-466-7000	Exercise Program (AFEP)
The Cantrell Center for Physical Therapy and Wellness	405 Osigian Blvd	Warner Robins	GA	31088 478-333-6777	Aquatic Program (AFAP)
WellStar Health Place	330 Kennestone Hospital Blvd	Marietta	GA	30060 7707937462	Aquatic Program (AFAP)
Kaneohe Senior Center	45-613 Puolala St	Kaneohe	HI	96744 (808) 233-7317	Exercise Program (AFEP)
Pearl City Wellness Group/First Baptist Church of Pearl City	1445 Hoolaula ST	Pearl City	HI	96782 808-455-2011	Exercise Program (AFEP)
Pohai Nani	45-090 Namoku St.	Kaneohe	HI	96744 808-236-7832	Aquatic and Exercise Programs (AFAP/AFEP)
The Queen Emma Clinic	1301 Punchbowl Street	Honolulu	HI	96813 808-547-4970	Exercise Program (AFEP)
Childserve	5406 Merle Hay Road	Johnston	IA	50131 515-331-8107	Aquatic Program (AFAP)
Four Seasons Health Club	1600 7th St	Sioux City	IA	51101 712-255-7659	Aquatic Program (AFAP)
Friendship Haven	420 Kenyon Rd	Fort Dodge	IA	50501 515-573-2121	Aquatic Program (AFAP)
Mercer Park Aquatic Center	220 South Gilber	Iowa Falls	IA	52240 319-356-5100	Aquatic Program (AFAP)
Center for Physical Rehabilitation	754 N College Rd	Twin Falls	ID	83301 208-734-5313	Exercise Program (AFEP)
Kootenai Health	2003 Kootenai Health Way	Coeur d'Alene	ID	83815 280-625-5311	Aquatic Program (AFAP)
Advocate Bromenn Health & Fitness	1111 Trinity Lane	Bloomington	IL	61704 (309)433-9355	Aquatic Program (AFAP)
Advocate Lutheran General Fitness Center	1875 W. Dempster	St. Park Ridge	IL	60068 847-723-6138	Aquatic and Exercise Programs (AFAP/AFEP)
Arthritis Aquatic Class	2160 S. First Avenue	Maywood	IL	60153 708-327-3526	Aquatic Program (AFAP)
Buehler YMCA	1400 Northwest Highway	Palatine	IL	60067 1-847-410-5206	Aquatic Program (AFAP)
CHALLENGE FITNESS	1911 S. LAWRENCE AVE.	LOCKPORT	IL	60441 815-838-1183	Aquatic Program (AFAP)
Elk Grove Park District	1000 Wellington Ave	Elk Grove Village	IL	60007 8476901109	Aquatic Program (AFAP)
Golden Corridor Family Y (campanelli)	300 W. Wise Road	Schaumburg	IL	60193 847 891 9622	Aquatic Program (AFAP)

Gurnee Park Dist	4374 Old Grand Ave.	Gurnee	IL	60031	847-623-7788	Exercise Program (AFEP)
Health Performanc Institute	1919 SkokieValley RD	Highland Pard	IL	60035	229-795-5550	Exercise Program (AFEP)
Lake Forest Health & Fitness Center	1200 N Westmoreland Rd	Lake Forest	IL	60045	847-535-7173	Aquatic Program (AFAP)
Loyola Center for Fitness	2160 S 1st Ave	Maywood	IL	60153	708-327-2348	Aquatic Program (AFAP)
Olympic Indoor Swim Center	660 N Ridge Ave	Arlington Heights	IL	60004	847-577-3025	Aquatic Program (AFAP)
OSF/Riverplex Water Arthritis Class	600 Northeast Water Street	Peoria	IL	61603	309-282-1700	Aquatic Program (AFAP)
Park Center Health and Fitness	2400 Chestnut Ave.	Glenview	IL	60025	2245212608	Aquatic Program (AFAP)
PAV YMCA	2947 Oak Park	Berwyn	IL	60402	708-749-0606	Aquatic Program (AFAP)
RiverPlex Wellness and Recreation Center	600 Northeast Water Street	Peoria	IL	61603	309-282-1700	Aquatic Program (AFAP)
Rush Copley Healthplex	1900 Ogden Ave.	Aurora	IL	60504	630-978-6280	Aquatic Program (AFAP)
South Chicago YMCA	3039 E. 91st Street	Chicago	IL	60617	(773) 721-9100	Aquatic Program (AFAP)
South Holland Department of Recreational Services	501 E 170th St	South Holland	IL	60473	708-331-2940	Aquatic and Exercise Programs (AFAP/AFEP)
Streamwood Park District	550 S Park Blvd	Streamwood	IL	60107	630-483-3010	Aquatic Program (AFAP)
Village of Niles Senior Center	999 Civic Center Drive	Niles	IL	60714	847-588-8420	Exercise Program (AFEP)
YMCA	east ash	canton	IL	61520	309-231-5234	Aquatic Program (AFAP)
Beacon Health & Fitness Center	111 W Jefferson Blvd	South Bend	IN	46601	574 647 2671	Aquatic Program (AFAP)
Community Healthplex	3660 Guion Rd	Indianapolis	IN	46222	317-920-7400	Aquatic Program (AFAP)
Dunigan Family YMCA	6846 Oak Grove Rd	Evansville	IN	47715	812-491-7711	Aquatic Program (AFAP)
Hilltop School	1915 E. 86th Street	Indianapolis	IN	46240	317-259-5458	Aquatic Program (AFAP)
Hobart Family YMCA	601 W. 40th Place	Hobart	IN	46342	2199422183	Aquatic Program (AFAP)
Methodist Temple	2109 Lincoln Ave	Evansville	IN	47714	812-476-1306	Exercise Program (AFEP)
Northridge Middle School	56691 Northridge Dr	Middlebury	IN	46540	574-536-6694	Aquatic Program (AFAP)
Prime Life Enrichment Center	1078 Third Ave SW	Carmel	IN	46032	317-815-7000 ext 220	Aquatic and Exercise Programs (AFAP/AFEP)
Rehabilitation Hospital of Indiana	4141 Shore Drive	Indianapolis	IN	46254	317-329-2141	Aquatic Program (AFAP)
St. Francis Physical Therapy	1201 Hadley Rd	Mooresville	IN	46158	317-831-9333	Aquatic Program (AFAP)
SWIRCA	16 W Virginia St	Evansville	IN	47710	812-464-7800	Exercise Program (AFEP)
YMCA of Southwestern Indiana	222 N.W. Sixth Street	Evansville	IN	47708	812-492-6708	Aquatic Program (AFAP)
Asbury Methodist Church	5400 W. 75th St	Prairie Village	KS	66208	913-642-6410	Exercise Program (AFEP)
Gardner Community Center	128 E Park	Gardner	KS	66030	913-642-6410	Exercise Program (AFEP)
Irene B. French Community Center	5701 Merriam Dr	Merriam	KS	66203	913-642-6410	Exercise Program (AFEP)
Lawrence Indoor Aquatic Center	4706 Overland Dr.	Lawrence	KS	66049	785-832-7946	Aquatic Program (AFAP)
Leavenworth Council on Aging	109 Delaware St #A	Leavenworth	KS	66048	913-684-0777	Exercise Program (AFEP)
Matt Ross Community Center	8101 Martyr St	Overland Park	KS	66204	913-642-6410	Exercise Program (AFEP)
Newton Recreation Commission	415 N. Poplar	Newton	KS	67114	316-283-7330	Exercise Program (AFEP)
Norton Senior Citizen & Community Center	208 W Main	Norton	KS	67654	785-877-5352	Exercise Program (AFEP)
O Zone	300 11th St	Osawatomie	KS	66064	(913) 755-3622	Aquatic Program (AFAP)
Ozone USD 367	300 11th Street	Osawatomie	KS	66064	913-755-3622	Aquatic Program (AFAP)
Paul Henson YMCA	4200W.79	Prairie Village	KS	66208	9136380665	Aquatic Program (AFAP)
Prairie Life Fitness	10351 Barkley	Overland Park	KS	66212	913-648-8077	Aquatic Program (AFAP)
Roeland Park Community Center	4850 Rosewood Dr	Roeland Park	KS	66205	913-642-6410	Exercise Program (AFEP)
Simons Wellness Services	302 S. 4th	Leoti	KS	67861	620-874-2499	Exercise Program (AFEP)
Spring Hill Civic Center	401 N. Madison	Spring Hill	KS	66083	913-642-6410	Exercise Program (AFEP)
Sunset Building	11811 S. Sunset Dr.	Olathe	KS	66061	913-642-6410	Exercise Program (AFEP)
Betsy Layne	po box 88	Betsy Layne	KY	41635	606-478-9583	Exercise Program (AFEP)
Bracken Co Health Dept	429 Frankfort St	Brooksville	KY	41004	606-735-2157	Exercise Program (AFEP)
Campbell County Senior Center	3504 Alexandria Pike	Highland Heights	KY	41076	859-572-4300	Exercise Program (AFEP)
Carroll County Health Center	401 11th St	Carrollton	KY	41008	502-732-6641	Exercise Program (AFEP)
Elderserve Senior Center @ Oak & Acorn	631 South 28th St	Louisville	KY	40211	502-778-7418	Exercise Program (AFEP)
Elsmere Senior Center	179 Dell St	Elsmere	KY	41018	859-727-2306	Exercise Program (AFEP)
Ephraim McDowell Wellness Center	1107 Ben Ali Dr	Danville	KY	40422	859-936-9355	Aquatic Program (AFAP)
Falmouth Senior Center	1111 Chipman St	Falmouth	KY	41040	859-654-6029	Exercise Program (AFEP)
Jenkins Senior Citizens	75 Pane St	Jenkins	KY	41537	606-832-2865	Exercise Program (AFEP)
Johnson County Senior Citizens	1127 Euclid Ave	Paintsville	KY	41240	606-789-4830	Exercise Program (AFEP)
Leslie Co Senior Citizens/Perry Co Senior Citizens	178 Wendover Rd	Hyden	KY	41749	606-672-3222	Exercise Program (AFEP)
Martin County Senior Citizens Center	123 Middle Fork Rd	Inez	KY	41224	606-298-3459	Exercise Program (AFEP)
MASON COUNTY HEALTH DEPT.	130 EAST SECOND STREET	MAYSVILLE	KY	41056	606-564-9447 X133	Exercise Program (AFEP)
Mud Creek Seniors AFEP	5420 KY 680	Grethel	KY	41631	606-587-2565	Exercise Program (AFEP)
Perry County Senior Citizens	354 Perry Park Rd	Hazard	KY	41701	606-436-5095	Exercise Program (AFEP)
Phelps Senior Citizens	136 Park Rd	Freeburn	KY	41528	606-456-8616	Exercise Program (AFEP)
Shelby County Extension Office	1117 Frankfort Rd	Shelbyville	KY	40065	502-633-4593	Exercise Program (AFEP)
TriCounty Community Action Agency	3240 Hwy 421 North	Bedford	KY	40006	502-255-7514	Exercise Program (AFEP)
Wayland Senior Center	2643 King Kelly Coleman Hwy	Wayland	KY	41666	606-358-4161	Exercise Program (AFEP)
Sabine Council on Aging	200 Legacy Drive	Many	LA	71449	318-256-4140	Exercise Program (AFEP)
Armbrook Village	551 N Rd	Westfield	MA	1085	413-568-0000	Exercise Program (AFEP)
Beede Swim & Fitness Center	498 Walden Street	Concord	MA	1742	978-287-1003	Aquatic Program (AFAP)
Central Community Branch YMCA	766 Main St	Worcester	MA	1610	508-755-6101	Aquatic Program (AFAP)
East Longmeadow Council on Aging	328 North Main Street	East Longmeadow	MA	1028	413-525-5436	Aquatic Program (AFEP)
Hampshire Regional YMCA	286 Prospect Street	Northampton	MA	1060	413-584-7086	Aquatic Program (AFAP)
Holyoke Council On Aging	291 Pine St	Holyoke	MA	1040	413-322-5625	Exercise Program (AFEP)
Latitude Sports Clubs	191 Elm St	Salisbury	MA	1952	978-462-5662	Aquatic Program (AFAP)
Pleasantview Senior Center	328 N Main St	East Longmeadow	MA	1028	413-525-5436	Exercise Program (AFEP)
Reggie Lewis Track & Athletic Center at R.C.C.	1350 Tremont St	Roxbury Crossing	MA	2120	617-541-3535	Exercise Program (AFEP)
St. Lukes Home	85 Spring St	Springfield	MA	1105	413-736-5494	Exercise Program (AFEP)
B'nai B'rith Homecrest House	14508 Homecrest Rd	Silver Spring	MD	20906	301-598-0820	Exercise Program (AFEP)
Bain 50 + center	5470 Ruth Keeton Way	Columbia	MD	21044	410-313-7213	Exercise Program (AFEP)
BCC YMCA	9401 Old Georgetown Rd	Bethesda	MD	20814	301-530-3725	Aquatic Program (AFAP)
Big Vanilla Athletic Club	26 Magothy Beach Rd	Pasadena	MD	21122	410-437-4242	Aquatic Program (AFAP)
College of Southern MD	22950 Hollywood Rd	Leonardtown	MD	20650	240-725-5300	Aquatic Program (AFAP)
Columbia Athletic Club	5435 Beaverkill Rd	Columbia	MD	21044	410-852-1855	Aquatic and Exercise Programs (AFAP/AFEP)
Indian Head Senior Center	100 Cornwallis Square	Indian Head	MD	20640	301-743-2125	Exercise Program (AFEP)
Jewish Community Center of Greater Baltimore	5700 Park Heights Ave	Baltimore	MD	21215	410-542-4900	Aquatic Program (AFAP)
Lower Shore YMCA	1900 Worcester Hwy.	Pocomoke	MD	21851	443-523-6184	Aquatic Program (AFAP)
Merritt Clubs	8757 Mylander Lane	Towson	MD	21286	410-821-0160	Aquatic Program (AFAP)
One. physical therapy-fitness-wellness	914 Bay Ridge Rd.	Annapolis	MD	21403	410-280-0914	Exercise Program (AFEP)
Richard R Clark Senior Center	1210 Charles Street	LaPlata	MD	20646	301-885-6281	Exercise Program (AFEP)
Total Rehab Care @ Robinwood Professional Center	11110 Medical Campus Rd	Hagerstown	MD	21742	(301) 714-4025	Aquatic Program (AFAP)
Waldorf Senior Center	3092 Crain Hwy	Waldorf	MD	20601	301-638-4420	Exercise Program (AFEP)
Y of Central Maryland Catonsville Center	850 S Rolling Rd	Catonsville	MD	21228	410-747-9622	Aquatic Program (AFAP)
YMCA/Dancel Center	4331 Montgomery Rd.	Ellicott City	MD	21043	4104654334	Aquatic and Exercise Programs (AFAP/AFEP)
Eastern Area Agency on Aging Annex	1129 Union Street	Bangor	ME	4401	2079412865	Exercise Program (AFEP)
AgeWell Services	560 Seminole Rd	Muskegon	MI	49444	231-733-8643	Exercise Program (AFEP)
Alpena Senior Citizens Center	501 River Street	Alpena	MI	49707	989-356-3585	Exercise Program (AFEP)
Beaumont Health and Fitness Center	25631 Little Mack Avenue	St. Clair Shores	MI	48081	586-447-8080	Exercise Program (AFEP)
Cascade Christian Church	2829 Thornapple River Dr. SE	Grand Rapids	MI	49546	616-233-0283	Exercise Program (AFEP)
Cheboygan Senior Center	1531 Sand Road	Cheboygan	MI	49721	231-627-7234	Exercise Program (AFEP)
Chelsea Wellness Center	14800 E Old Hwy 12	Chelsea	MI	48118	734-214-0220	Aquatic Program (AFAP)
Civic Park Senior Center	15218 Farmington Rd.	Livonia	MI	48152	734-466-2555	Exercise Program (AFEP)
Davison Senior Center	10135 Lapeer Rd.	Davison	MI	48423	810-600-0633	Exercise Program (AFEP)

Delta College Fitness and Recreation Center	1961 Delta Rd.	University Center	MI	48710	989-686-9518	Aquatic Program (AFAP)
Dexter Wellness Center	2810 Baker Rd	Dexter	MI	48130	734-580-2500	Aquatic and Exercise Programs (AFAP/AFEP)
Dr. Robert W. Browne Aquatic Center	250 Western Ave.	Coldwater	MI	49036	517-279-6565	Aquatic Program (AFAP)
Dyer Center Orthopedic Pool	36745 Marquette Rd	Westland	MI	48185	734-722-7620	Aquatic Program (AFAP)
Emma B. Howe YMCA	8950 Springbrook Dr	Coon Rapids	MN	55433	763-717-1808	Aquatic Program (AFAP)
Enrichment center	306 N Franks Ave.	Sturgis	MI	49091	2692798083	Exercise Program (AFEP)
Evergreen Commons	480 State Street	Holland	MI	49423	616-355-5114	Exercise Program (AFEP)
First United Methodist Church of Mason	201 E Ash St	Mason	MI	48854	517-676-9449	Exercise Program (AFEP)
Flat Rock Community Center	One Maguire Street	Flat Rock	MI	48134	734-379-1450	Aquatic Program (AFAP)
Freedom Village Holland	145 Columbia Ave	Holland	MI	49423	616-820-7466	Aquatic Program (AFAP)
Genesys Athletic Club	801 Health Park Blvd	Grand Blanc	MI	48439	810-606-7300	Aquatic Program (AFAP)
Grand Blanc Senior Center	12632 Pagels Drive	Grand Blanc	MI	48439	810-695-3202	Exercise Program (AFEP)
Grand Rapids Community College	143 Bostwick	Grand Rapids	MI	49503	616-446-6735	Aquatic Program (AFAP)
Grand Rapids Senior Neighbors Center	333 S Division	Grand Rapids	MI	49503	616-233-0283	Exercise Program (AFEP)
Hartland High School	10635 Dunham Rd	Hartland	MI	48353	810-626-2200	Aquatic Program (AFAP)
Imlay City Senior Center	395 E. Third St.	Imlay City	MI	48444	810-239-7671 x281	Exercise Program (AFEP)
Ingham County Medical Care Facility	3860 Doble Rd	Okemos	MI	48864	517-381-6054	Aquatic Program (AFAP)
Insight Health & Fitness Center	4500 S. Saginaw St	Flint	MI	48507	810-893-6489	Aquatic Program (AFAP)
Ionia County Commission on Aging	115 Hudson St	Ionia	MI	48846	516-527-5365	Exercise Program (AFEP)
Klimes Resort Clubhouse Lower Level	22260 Klimes Resort Rd	Three Rivers	MI	49093	269-649-2514	Exercise Program (AFEP)
Lapeer Senior Center	287 W. Neppessing St.	Lapeer	MI	48446	810-239-7671 x281	Exercise Program (AFEP)
Laurel's of Carson City	620 N 2nd St	Carson City	MI	48811	989-584-6100	Exercise Program (AFEP)
Livonia Family YMCA	14255 Stark Road	Livonia	MI	48154	734-261-2161	Aquatic Program (AFAP)
Loose Senior Center	707 N. Bridge St.	Linden	MI	48451	810-600-0633	Exercise Program (AFEP)
Macomb Family YMCA	10 North River Rd	Mt Clemens	MI	48043	586-468-1411	Aquatic Program (AFAP)
Maplewood Community Center	31735 Maplewood	Garden City	MI	48135	734-793-1870	Exercise Program (AFEP)
Mason United Methodist Church	201 E Ash St	Mason	MI	48854	517-676-9449	Exercise Program (AFEP)
McLaren Northern Michigan	416 Connable Av	Petoskey	MI	49770	231-487-3440	Aquatic Program (AFAP)
Metro Health Conference Center	2225 Main St. SW	Wyoming	MI	49519	616-252-7200	Exercise Program (AFEP)
North Oakland Family YMCA	3378 E Walton Blvd	Auburn Hills	MI	48326	248-370-9622	Aquatic Program (AFAP)
One on One Athletic Club	2875 Boardwalk Dr	Ann Arbor	MI	48104	734-761-4420	Aquatic and Exercise Programs (AFAP/AFEP)
Perry Farm Village	4241 Village Cir	Harbor Springs	MI	49740	231-526-1500	Exercise Program (AFEP)
Portland City Hall	259 Kent St	Portland	MI	48875	517-647-7531	Exercise Program (AFEP)
Salvation Army Senior Program	1215 Fulton St E	Grand Rapids	MI	49503	616-742-0351	Exercise Program (AFEP)
Schneider Manor	725 Bowes Rd.	Lowell	MI	49331	616-233-0283	Exercise Program (AFEP)
September Days Senior Center	46425 Tyler Rd	Belleville	MI	48111	734-699-8918	Exercise Program (AFEP)
Sparta Senior Neighbors Center	100 Ida Red	Sparta	MI	49345	616-233-0283	Exercise Program (AFEP)
St. Joseph County Commission on Aging	103 S. Douglas Ave.	Three Rivers	MI	49093	269-816-0769	Exercise Program (AFEP)
St. Paul A.M.E. Zion Church	11359 Dexter Avenue	Detroit	MI	48206	313-836-0051	Exercise Program (AFEP)
Sumpter Senior Center	23501 Sumpter Rd	Belleville	MI	48111	734-461-9373	Exercise Program (AFEP)
Swartz Creek Senior Center	8095 Civic Drive	Swartz Creek	MI	48473	810-635-4122	Exercise Program (AFEP)
The Health and Fitness Center at Washtenaw Community College	4833 East Huron River Dr	Ann Arbor	MI	48105	734-975-3314	Aquatic Program (AFAP)
Three Rivers Community Center	103 S Douglas Ave	Three Rivers	MI	49093	269-279-8083	Exercise Program (AFEP)
Unite Methodist Community House	904 Sheldon Ave. SE	Grand Rapids	MI	49507	616-233-0283	Exercise Program (AFEP)
Waterford Pool & Fitness Centers	1151 Scott Lake Road	Waterford	MI	48328	(248) 673-2148	Aquatic Program (AFAP)
Waverly East Intermediate School	3131 W. Michigan Ave.	Lansing	MI	48917	517-484-5600	Aquatic Program (AFAP)
Wealthy Pool at Wealthy Elementary School	1961 Lake Dr	East Grand Rapids	MI	49506	616-949-1750	Aquatic Program (AFAP)
WWW YMCA	6555 Jupiter Ave	Belmont	MI	49306	(616)363-3000	Aquatic and Exercise Programs (AFAP/AFEP)
Andover YMCA	15200 Hanson Boulevard	Andover	MN	55304	763-230-6545	Aquatic Program (AFAP)
Anytime Fitness	6520 150th St W #100	Apple Valley	MN	55124	952-432-0100	Exercise Program (AFEP)
Arthritis Aquatics Le Sueur Community Center	821 E Ferry St	Le Sueur	MN	56058	507-665-3325	Aquatic Program (AFAP)
AT Fitness & Wellness Center	331 Railroad Ave	Albany	MN	56307	320-845-4051	Exercise Program (AFEP)
Bethel Lutheran Church	810 3rd Ave SE	Rochester	MN	55904	507-288-6430	Exercise Program (AFEP)
Brookdale Willmar	1501 19 Ave SW	Willmar	MN	56201	320-295-7801	Exercise Program (AFEP)
Cambodian Church of the Nazarene	3343 East Circle Dr NE	Rochester	MN	55906	507-289-7503	Exercise Program (AFEP)
Coffee St Fitness	102 Coffee St E	Lanesboro	MN	55949	507-467-2321	Exercise Program (AFEP)
Ecumen of Litchfield	600 S Davis Ave	Litchfield	MN	56355	320-693-2472	Exercise Program (AFEP)
Fairview Community Center	1910 County B Rd W	Roseville	MN	55113	651-604-3500	Aquatic Program (AFAP)
Harmony Community Center	815 Acounty Rd 44	Harmony	MN	55939	507-886-6544	Exercise Program (AFEP)
Heritage Hills	3909 Heritage Hill Dr	Wanamingo	MN	55437	952-831-0343	Exercise Program (AFEP)
Keystone Community Services	2000 St Anthony Ave	St. Paul	MN	55104	651-645-0349	Exercise Program (AFEP)
Lake Pepin Plaza	221 N Franklin St	Lake City	MN	55041	651-345-5814	Exercise Program (AFEP)
LeRoy Senior Center	122 W Main	LeRoy	MN	559581	507-324-5707	Exercise Program (AFEP)
Live Well Fitness	1900 Sunrise Dr	St. Peter	MN	56082	507-934-8476	Exercise Program (AFEP)
Mabel Fire Hall	P.O. Box 425	Mabel	MN	55954	507-493-5670	Exercise Program (AFEP)
Medford Senior Care	108 3rd St SW	Medford	MN	55049	507-214-3344	Exercise Program (AFEP)
Nelson Wellness Center by Knute Nelson	4403 Poiner Rd. SE	Alexandria	MN	56308	320-759-4617	Aquatic Program (AFAP)
Northwest YMCA in New Hope	7601 42nd Ave N	New Hope	MN	55427	763-535-4800	Aquatic Program (AFAP)
Plainview Community Center	346 West Broadway	Plainview	MN	55964	507-534-3802	Exercise Program (AFEP)
Rainy Lake Medical Center	1400 Us 71	International Falls	MN	56649	218-283-4481	Exercise Program (AFEP)
Ridgedale YMCA Minnetonka	12301 Ridgedale Dr	Minnetonka	MN	55305	952-544-7708	Aquatic Program (AFAP)
Safari Island Community Center	1600 Community Dr	Waconia	MN	55387	952-442-0695	Aquatic Program (AFAP)
Semcac Caledonia Senior Dining- Methodist Church	308 N Kingston St	Caledonia	MN	55921	517-725-5330	Exercise Program (AFEP)
St. Paul Jewish Community Center	1375 St Paul Ave	St Paul	MN	55116	651-698-0751	Aquatic Program (AFAP)
The Wright Fit	260 N River St	Delano	MN	55328	763-972-2909	Exercise Program (AFEP)
United Methodist Church	308 N Kingston St	Caledonia	MN	55921	507-725-2815	Exercise Program (AFEP)
Veterans Memorial Community Center	8055 Barbara Avenue	Inver Grove Heights	MN	55077	6515543426	Aquatic Program (AFAP)
Warren LAH/BNP Landmark Center	110 West Johnson Ave.	Warren	MN	56762	(218) 745-4005	Exercise Program (AFEP)
West 7th Community Center	265 Oneida St	Saint Paul	MN	55102	651-298-5493	Exercise Program (AFEP)
Winona Family YMCA	207 Winona St	Winona	MN	55987	5074541520	Aquatic and Exercise Programs (AFAP/AFEP)
Zumbrot Tower	93 E 4th St	Zumbrota	MN	55992	507-732-5151	Exercise Program (AFEP)
Blue Springs Family YMCA	1300 SE Adams Dairy Pkwy.	Blue Springs	MO	64014	816-224-9622	Aquatic Program (AFAP)
Campbell United Methodist Church	1747 E Republic Rd	Springfield	MO	65804	417-881-2018	Exercise Program (AFEP)
Davies County Library	306 W. Grand St.	Gallatin	MO	64640	6602409400	Exercise Program (AFEP)
FBC Learning Center	303 N. Main	Carl Junction	MO	64834	417-649-7036	Exercise Program (AFEP)
High Blue Wellness Center	16400 N Mullen Rd	Belton	MO	64012	816-348-7400	Aquatic Program (AFAP)
Mountain View Senior Center	903 East 5th Street	Mountain View	MO	65548	417-934-6504	Exercise Program (AFEP)
Republic Senior Friendship Community Center	711 E. Miller Road	Republic	MO	65738	417-732-3500	Exercise Program (AFEP)
St. Andrews Apartments	500 S Osteopathy Ave	Kirksville	MO	63501	660-626-2049	Exercise Program (AFEP)
St. Peters Senior Center	108 McHenry Rd	St Peters	MO	63376	636-278-2410	Exercise Program (AFEP)
Synergy Therapies	19049 Valley View Parkway Suite H	Independence	MO	64055	816-690-8900	Aquatic Program (AFAP)
The Lutheran Church of Webster Gardens	8749 Watson Road	Webster Groves	MO	63119	314-961-5275	Exercise Program (AFEP)
Tri-City Senior Center	505 3rd Street	Marble Hill	MO	63764	573-238-2817	Exercise Program (AFEP)
Magnolia Regional Health Center	1001 South Harper Rd	Corinth	MS	38834	66.287.1400	Aquatic Program (AFAP)
Big Hole Valley Tourism	Wisdom Community Center	Wisdom	MT	59761	406-239-4290	Exercise Program (AFEP)
Bitterroot Aquatic Center	59 Kurtz Lane	Hamilton	MT	59840	406-375-8200	Aquatic Program (AFAP)
Broadus Courthouse (Lobby)	119 N Park Ave	Broadus	MT	59317	406-436-2424	Exercise Program (AFEP)
Cabinet Peaks Medical Center	209 Health Park Dr	Libby	MT	59923	406-283-7000	Exercise Program (AFEP)
Capital City Health Club	100-1298 N Montana Ave	Helena	MT	59601	406-442-6577	Aquatic Program (AFAP)
Columbus Senior Center	620 Palladium	Columbus	MT	59019	406-322-1070	Exercise Program (AFEP)
CPMC	PO Box 330	Troy	MT	59935	406-295-4154	Exercise Program (AFEP)
Down Under Fitness Center	820 2nd St W	Havre	MT	59501	406-265-4805	Exercise Program (AFEP)

Fishtail Community Center - Hannah Hall	PO Box 11	Fishtail	MT	59028 406-322-8035	Exercise Program (AFEP)
Flathead Health & Fitness	300 1st Ave.	Kalispell	MT	59901 (406) 752-2438	Exercise Program (AFEP)
Hana Hall	83 Stillwater Dr.	Absarokee	MT	59001 406-328-4589	Exercise Program (AFEP)
Meadowlands	4034 Elizabeth Warren Ave	Butte	MT	59701 406-782-5151	Exercise Program (AFEP)
Meagher County Senior Center	101 1st Avenue SE	White Sulphur Springs	MT	59645 406-547-3651	Exercise Program (AFEP)
Mission Ridge	3840 Rimrock Rd	Billings	MT	59102 406-655-5200	Aquatic and Exercise Programs (AFAP/AFEP)
Missoula Family YMCA	3000 S Russell St	Missoula	MT	59801 406-721-9622	Exercise Program (AFEP)
Montana Pioneer Manor	605 N. Sheridan	Plentywood	MT	59254 406-765-3406	Exercise Program (AFEP)
MSU Extension Service	100 West Laurel Avenue	Plentywood	MT	59254 406-765-3406	Exercise Program (AFEP)
Nemont Telephone Co Friendship Room	61 MT-13	Scobey	MT	59263 406-783-2203	Exercise Program (AFEP)
Richland County Commission on Aging	1201 W Holly	Sidney	MT	59270 (406) 433-3701	Exercise Program (AFEP)
Ridge Athletic Clubs	4181 Fallon Avenue	Bozeman	MT	59718 406-586-1737	Exercise Program (AFEP)
Rocky Mountain Development Council	200 S Cruse	Helena	MT	59601 406-447-1680	Exercise Program (AFEP)
Rosalie Manor	1125 S. Main St.	Butte	MT	59701 406-782-4436	Exercise Program (AFEP)
Senior Citizen Drop In Centr	17 S 11thSt	Miles City	MT	59301 406-234-9813	Exercise Program (AFEP)
St. Peter's Hospital	2475 Broadway	Helena	MT	59601 406-461-3311	Aquatic and Exercise Programs (AFAP/AFEP)
The Ridge Athletic Club	4181 Fallon Ave	Bozeman	MT	59715 406-581-2673	Exercise Program (AFEP)
Albemarle Family YMCA	1240 N Road St	Elizabeth Cty	NC	27909 252-334-9622	Exercise Program (AFEP)
Anson County Grace Senior Center	199 Andrew Jackson Hwy	Wadesboro	NC	28170 704-694-6616	Exercise Program (AFEP)
Aycock Recreation Center	307 Carey Chapel	Henderson	NC	27537 252431-6091	Exercise Program (AFEP)
Benson Center for Active Aging	1204 N Johnson St	Benson	NC	27504 919-701-1477	Exercise Program (AFEP)
Brunswick Senior Resource Center	101 Stone Chimney Road SE	Supply	NC	28462 3017759088	Exercise Program (AFEP)
Chowan Senior Center	204 E Church St	Edenton	NC	27932 252-482-2242	Exercise Program (AFEP)
City of Mount Airy Parks and Recreation/Reeves Community Center	113 South Renfro Street	Mount Airy	NC	27030 336-786-8313	Aquatic Program (AFAP)
Dinah E. Gore Fitness & Aquatics Center	210 College Rd	Bolivia	NC	28422 910-846-2348	Aquatic Program (AFAP)
Durham Center for Senior Life	406 Rigsbee Ave	Durham	NC	27701 919-667-9404	Exercise Program (AFEP)
Grace Senior Center	199 Hwy 742 South	Wadesboro	NC	28170 704-694-6616	Exercise Program (AFEP)
Greene County Senior Center Snow Hill	104 Greenridge Rd	Snow Hill	NC	28580 252-747-5436	Exercise Program (AFEP)
Greensboro Aquatic Center	1921 W Gate City Blvd	Greensboro	NC	27403 336-315-8498	Aquatic Program (AFAP)
Jackson County Senior Center	100 County Services Park	Sylva	NC	28779 828-586-8562	Exercise Program (AFEP)
Lenoir County Council on Aging in Pink Hill	206 W Macon St	Pink Hill	NC	28572 252-568-3712	Exercise Program (AFEP)
Lenoir County Council on Aging	112 E Blount St	Kinston	NC	28501 (252) 527-1545	Exercise Program (AFEP)
Lincoln County Senior Services	514 S Academy St	Lincolnton	NC	28092 704-732-9054	Exercise Program (AFEP)
Madison-Mayodan Senior Center	300 South 2nd Avenue	Mayodan	NC	27027 336-548-2789	Exercise Program (AFEP)
Morrisville Aquatic & Fitness Center	1301 Morrisville Parkway	Morrisville	NC	27560 919-463-6901	Exercise Program (AFEP)
Pink Hill Wellness and Education Center	301 S Pine St	Pink Hill	NC	28572 252-568-2425	Exercise Program (AFEP)
Pitt County Community Schools and Recreation	4561 County Home Road	Greenville	NC	27858 252-847-9211	Exercise Program (AFEP)
Raleigh Orthopaedic Clinic	2400 Sumner Blvd	Raleigh	NC	27616 919-876-1100	Exercise Program (AFEP)
Rufty-Holmes Senior Center	1120 South MLK Jr	Salisbury	NC	28144 (704) 216-7714	Aquatic Program (AFAP)
Scotland Place Civic/Senior Center ; Scotland County Parks and Recn	PO Box 1668	Laurinburg	NC	28352 (910) 277-2585	Exercise Program (AFEP)
Smith Senior center	2401 Fairview Street	Greensboro	NC	27405 336-373-7564	Aquatic Program (AFAP)
Twin Rivers YMCA	100 YMCA Ln	New Bern	NC	28560 252-638-8799	Aquatic Program (AFAP)
Vidant Wellness Center	2610 Stantonsburg Road	Greenville	NC	27835 252-847-6501	Aquatic Program (AFAP)
Wake Forest Baptist Medical Center	1 Medical Center Blvd	Winston-Salem	NC	27103 336-713-8082	Aquatic Program (AFAP)
Wayne County Senior Center	2001 Ash Street	Goldsboro	NC	27533 919-731-1591	Exercise Program (AFEP)
YMCA of the Sandhills	2717 Fort Bragg Road	Fayetteville	NC	28303 910-426-9622	Aquatic Program (AFAP)
YWCA Central Carolinas	3420 Park Road	Charlotte	NC	28209 7045255770	Aquatic and Exercise Programs (AFAP/AFEP)
CHI Health Wellness Center at Lakeside	16940 Lakeside Hills Plaza	Omaha	NE	68130 402-758-5700	Aquatic Program (AFAP)
DiVentures Scuba & Swim Center	4303 South 121 Plaza	Omaha	NE	68137 4029336251	Aquatic and Exercise Programs (AFAP/AFEP)
Madonna Proactive	7111 Stephanie Lane	Lincoln	NE	68516 402-413-4016	Aquatic Program (AFAP)
Mitzi L Aden	5416 Sugarberry Ct.	Lincoln	NE	68516 (402) 421-1955	Aquatic Program (AFAP)
Keene Family YMCA	200 Summit Road	Keene	NH	3431 603-352-6002	Aquatic Program (AFAP)
Somerset Swim & Fitness	2 Somerset Parkway	Nashua	NH	3063 603-595-4160	Aquatic and Exercise Programs (AFAP/AFEP)
Benjamin Franklin Middle School	335 North Van Dien Ave.	Ridgewood	NJ	7451 (201) 670-2777	Exercise Program (AFEP)
Bergenfield Senior Activity Center	293 Murray Hill Terrace	Bergenfield	NJ	7621 201-387-7212	Exercise Program (AFEP)
Brandywine Assisted Living Moorestown Estates	1205 N Church St	Moorestown	NJ	8057 856-778-0600	Exercise Program (AFEP)
Burlington Riverfront YMCA	302 Commerce Square Blvd	Burlington Township	NJ	8016 856-231-9622	Aquatic Program (AFAP)
Community ymca red bank	166 Maple Ave	RED BANK	NJ	7701 721-741-2504	Aquatic Program (AFAP)
Greater Morristown YMCA	79 Horsehill Rd	Cedar Knolls	NJ	7927 973-267-0704	Aquatic and Exercise Programs (AFAP/AFEP)
Hamilton Area YMCA JKR Branch	1315 Whitehorse Mercerville Rd	Hamilton Township (Mercer County)	NJ	8619 609-581-9622	Aquatic and Exercise Programs (AFAP/AFEP)
Mahwah Senior Center	475 Corporate Drive	Mahwah	NJ	7430 (201) 529-5757, ext. 213	Exercise Program (AFEP)
Northwest Bergen Senior Center	46-50 Center St.	Midland Park	NJ	7432 2014455690	Exercise Program (AFEP)
Pleasant View Village	221 Mt. Pleasant Ave	Dover	NJ	7801 973-983-2848	Exercise Program (AFEP)
Princeton Fitness & Wellness	1225 State Road	Princeton	NJ	8543 908-359-3355	Exercise Program (AFEP)
Ramsey Senior Center	205 Church St., Finch Park	Ramsey	NJ	7446 (201) 825-1975	Exercise Program (AFEP)
Rockaway Township	65 Mt. Hope Road	Rockaway	NJ	7866 973-983-2848	Exercise Program (AFEP)
Somerset County YMCA	2 Green St	Somerville	NJ	8876 908-722-4567	Aquatic Program (AFAP)
Westfield Area YMCA	220 Clark Street	Westfield	NJ	7090 908-232-2700	Aquatic Program (AFAP)
Good Samaritan-Manzano del Sol	5201 Roma Avenue N.E.	Albuquerque	NM	87108 505-382-6506	Aquatic and Exercise Programs (AFAP/AFEP)
HB and Lucille Horn Family YMCA	4901 Indian School Rd NE	Albuquerque	NM	87110 505-265-6971	Aquatic and Exercise Programs (AFAP/AFEP)
Las Cruces Regional Aquatic Center	1401 E Hadley Ave	Las Cruces	NM	88001 575-541-2782	Aquatic Program (AFAP)
New Mexico Junior College	1 Thunderbird Circle	Hobbs	NM	88240 575-492-2801	Aquatic and Exercise Programs (AFAP/AFEP)
Mobility Plus	3109 W. Post Rd.	Las Vegas	NV	89118 (702) 263-8511	Aquatic Program (AFAP)
24Hour Fitness	589 Tuckahoe Rd	Yonkers	NY	10701 914-338-9984	Aquatic and Exercise Programs (AFAP/AFEP)
Asphalt Green	555 E 90th St	New York	NY	10128 2122891185	Aquatic and Exercise Programs (AFAP/AFEP)
CCE-Clinton County	6064 NY-22	Plattsburgh	NY	12901 (518)561-7450	Exercise Program (AFEP)
Champions Fitness Center	7687 Frontage Rd	Cicero	NY	13039 315-452-5522	Aquatic Program (AFAP)
Clinton Street Senior Center	1A Clinton St	Pleasantville	NY	10570 914-769-2021	Exercise Program (AFEP)
Cloverwood Senior Living	1 Sinclair Dr	Pittsford	NY	14534 585-248-1100	Aquatic Program (AFAP)
Club Fit Briarcliff	584 N State Rd	Briarcliff Manor	NY	10510 914-762-3444	Aquatic Program (AFAP)
Congregational United Church of Christ	3199 Main St	Willisboro	NY	12996 518-963-7854	Exercise Program (AFEP)
Cornell Cooperative Extension- Franklin County	Saranac Lake	New York	NY	12983 5183543049	Exercise Program (AFEP)
Cross Island YMCA	238-10 Hillside Ave	Bellerose	NY	11426 718-551-9300	Aquatic Program (AFAP)
EAC Inc	50 Clinton St	Hempstead	NY	11550 516-539-0150	Exercise Program (AFEP)
Elmhurst Senior Center	75-01 Broadway	Elmhurst	NY	11373 7184787171	Exercise Program (AFEP)
Esplanade Gardens	129 W 147th St	New York	NY	10039 917-847-7471	Exercise Program (AFEP)
Forward Fitness Inc.	777 Maple Rd	Williamsville	NY	14221 716-472-8001	Exercise Program (AFEP)
hamburg senior center	70 Linwood Ave	Orchard Park	NY	14127 716-662-9601	Exercise Program (AFEP)
Helen Hayes Hospital	51-55 Route 9W North West	West Haverstraw	NY	10993 845-786-4000	Aquatic Program (AFAP)
JCC	1200 Edgewood Ave	Rochester	NY	14580 585-967-8272	Aquatic and Exercise Programs (AFAP/AFEP)
JCEO	54 Margaret St,	Plattsburgh	NY	12901 5185617450	Exercise Program (AFEP)
Jewish Community Center	1200 Edgewood Drive	Rocheter	NY	14618 585-794-1617	Aquatic Program (AFAP)
Kuss Physical and Aquatic Therapy	124 US-11	Central Square	NY	13036 315-668-0123	Aquatic Program (AFAP)
Lenox Hill Neighborhood House	331 E 70th St	New York	NY	10021 212-218-0498	Aquatic and Exercise Programs (AFAP/AFEP)
Northwest Family YMCA	730 Long Pond Rd	Brockport	NY	14420 585-613-6993	Aquatic and Exercise Programs (AFAP/AFEP)
Northwest Family YMCA	8040 River Rd	Baldwinsville	NY	13027 315-303-5966	Aquatic and Exercise Programs (AFAP/AFEP)
Palmyra Macedon High School	151 Hyde Pkwy	Wolcott	NY	14590 585-261-0457	Aquatic and Exercise Programs (AFAP/AFEP)
Peru Community Church	13 Elm Street	Peru	NY	12972 518 643 8708	Exercise Program (AFEP)
Pieters Family Life Center Heritage Christian Services	1025 Commons Way	Rochester	NY	14623 585-487-3500	Aquatic Program (AFAP)
Plattsburgh City Gym	5 Latour Ave	Plattsburgh	NY	12901 518-566-8852	Exercise Program (AFEP)

Plattsburgh Rehabilitation and Nursing center	8 Bushey Blvd	Plattsburgh	NY	12901 518-335-1592	Exercise Program (AFEP)
Professional Fitness Center	1160 Montauk Highway	Copague	NY	11726 631-842-4606	Aquatic Program (AFAP)
PSS City Island Senior Center	16 City Island Ave	Bronx	NY	10464 914-882-9578	Exercise Program (AFEP)
Shames JCC on the Hudson	371 South Broadway	Tarrytown	NY	10591 914-366-7898	Aquatic Program (AFAP)
Solvay-Geddes Community Center	1010 Woods Rd	Solvay	NY	13209 315-488-3666	Aquatic Program (AFAP)
SRMT Office for the Aging	29 Business Park Road	Akwesasne	NY	13655 914-377-6822	Exercise Program (AFEP)
St John's Meadows	1 Johnsarbor Dr W	Rochester	NY	14616 585-621-8879	Aquatic and Exercise Programs (AFAP/AFEP)
Sunmount OPWDD	2445 NY-30	Tupper Lake	NY	12986 518-359-4117	Aquatic and Exercise Programs (AFAP/AFEP)
The Nottingham Senior Living Facility	1301 Nottingham Rd	Jamesville	NY	13078 315-445-9242	Aquatic Program (AFAP)
Tioga Opportunities	9 Sheldon Guile Blvd	Owego	NY	13827 (607)687-4222	Exercise Program (AFEP)
Town of Plattsburgh	151 Banker Road	PLATTSBURGH	NY	12901 5155626860	Exercise Program (AFEP)
Willsboro Congregational Parish Hall	NY 22	Willsboro	NY	12996 5189634594	Exercise Program (AFEP)
YMCA	11 W Main St	Lancaster	NY	14086 716-681-3515	Aquatic and Exercise Programs (AFAP/AFEP)
yonkers parks & rec.	285 Nepperhan Ave	Yonkers	NY	10701 914-377-6450	Aquatic and Exercise Programs (AFAP/AFEP)
Akron General Lifestyles	4300 Allen Road	Stow	OH	44224 300-945-3100	Aquatic Program (AFAP)
Aurora Senior Center	129 W Pioneer Tr	Aurora	OH	44202 330-995-9148	Exercise Program (AFEP)
Austin Woods	4780 Kirk Rd	Youngstown	OH	44515 330-792-7681	Aquatic Program (AFAP)
Bedford Heights Community Center	5615 Perkins Rd	Bedford Heights	OH	44146 440-786-3290	Exercise Program (AFEP)
Central Park West Health Center	3130 Central Park West	Toledo	OH	43617 419-841-9622	Aquatic Program (AFAP)
City of Seven Hills Recreation Center	7777 Summit View Dr	Seven Hills	OH	44131 216-524-6262	Aquatic Program (AFAP)
Clermont County Senior Services Bethel Woods	610 Easter Road	Bethel	OH	45106 513-685-2355	Exercise Program (AFEP)
Community Partnership on Aging - Highland Heights	5827 Highland Rd.	Highland Heights	OH	44143 216-650-4029	Exercise Program (AFEP)
Community Partnership on Aging - Lyndhurst	1341 Parkview Dr.	Lyndhurst	OH	44124 216-650-4029	Exercise Program (AFEP)
Daniel Drake Center	151 W. Galbraith Rd	Cincinnati	OH	45040 513-418-2727	Aquatic Program (AFAP)
Ehrnfelt Recreation Center	18100 Royalton Road	Strongsville	OH	44136 440-580-3260	Aquatic Program (AFAP)
Euclid Hospital Health Center	18901 Lake Shore Blvd	Euclid	OH	44119 216-692-9144	Exercise Program (AFEP)
Ewing School	1701 Colegate Dr	Marietta	OH	45750 740-373-3781 ext 22	Aquatic Program (AFAP)
Fairborn YMCA	300 S Central Ave	Fairborn	OH	45324 937-754-9622	Aquatic Program (AFAP)
Filling Homes	N-160 OH-108	Napoleon	OH	43545 419-592-6451	Aquatic Program (AFAP)
Gahanna YMCA	555 YMCA Lane	Gahanna	OH	43230 6144755612	Aquatic and Exercise Programs (AFAP/AFEP)
Green Family YMCA	3800 Massillon Road	Uniontown	OH	44685 330-899-9622	Aquatic Program (AFAP)
Guernsey County Senior Citizens Center	1022 Carlisle Ave	Cambridge	OH	43725 740-432-3838	Exercise Program (AFEP)
Hamlet Village Clubhouse	200 Hamlet Hills Dr	Chagrin Falls	OH	44022 440-247-4676	Exercise Program (AFEP)
Highland Heights Community Center	5827 Highland Rd.	Highland Hts.	OH	44143 440-461-2440 ext 149	Exercise Program (AFEP)
Independence Civic Center	6863 Selig Dr	Independence	OH	44131 216-524-3262	Aquatic Program (AFAP)
John M. Coyne Recreation Center	7600 Memphis Ave	Brooklyn	OH	44144 216-749-1580	Aquatic Program (AFAP)
Keys Towers	4133 Fishcreek Rd	Stow	OH	44224 2165706123	Exercise Program (AFEP)
LA Event Center (Carrie's Café activity area)	670 Harmon Ave	Columbus	OH	43223 614-358-5252	Exercise Program (AFEP)
Lake Community YMCA	428 SW King Church Ave	Uniontown	OH	44685 330-877-8933	Aquatic Program (AFAP)
Lake County West End YMCA	37100 Euclid Ave	Willoughby	OH	44094 440-946-1160	Aquatic Program (AFAP)
Lake County YMCA Central Branch	933 Mentor Ave	Painesville	OH	44077 440-352-3303	Aquatic Program (AFAP)
Lyndhurst Community Center	1341 Parkview Dr.	Lyndhurst	OH	44124 440-449-5011	Exercise Program (AFEP)
Marion Franklin Community Center	2801 Lockborne Rd	Columbus	OH	43207 614-645-3612	Exercise Program (AFEP)
Medina County Rec Center	855 Weymouth Rd	Medina	OH	44256 330-721-6900	Aquatic Program (AFAP)
Mercy Health & Recreation Center	47160 Holstein Drive	Amherst	OH	44001 440-984-3470	Aquatic Program (AFAP)
Mercy Health Plex Fairfield	3050 Mack Rd St 210	Fairfield	OH	45014 513 603 8459	Aquatic and Exercise Programs (AFAP/AFEP)
Northern Brown Senior Center	20864 OH-251	Fayetteville	OH	45118 513-875-2317	Exercise Program (AFEP)
Olivedale Sr. Center	253 Boving Ave.	Lancaster	OH	43130 740-687-6655	Aquatic Program (AFAP)
Orrville YMCA	1801 Smucker Road	Orrville	OH	44667 330-683-2153	Aquatic Program (AFAP)
Sandusky Area YMCA	2101 W Perkins Ave	Sandusky	OH	44870 419-621-9622	Aquatic Program (AFAP)
Seven Hills Recreation Center	7777 Summitview Drive	Seven Hills	OH	44131 216-4027-9699	Aquatic Program (AFAP)
Shaw JCC of Akron	750 White Pond Dr	Akron	OH	44320 330-867-7850	Aquatic Program (AFAP)
Solon Senior Center	35000 Portz Pkwy	Solon	OH	44139 440-349-6363	Exercise Program (AFEP)
Soprema Senior Center & Cafe'	617 School Dr	Wadsworth	OH	44281 330-335-1513	Exercise Program (AFEP)
Southwest General Health Center	18697 Bagley Rd	Middleburg Heights	OH	44130 440-816-8000	Exercise Program (AFEP)
Sutcliffe 1 Apartments	1850 2nd St	Cuyahoga Falls	OH	44221 2165706123	Exercise Program (AFEP)
The Avenue of Macedonia	9730 Valley View Rd	Macedonia	OH	44056 3303165165	Exercise Program (AFEP)
The Connection at Twin Towers	5343 Hamilton Ave	Cincinnati	OH	45224 513-853-4100	Aquatic and Exercise Programs (AFAP/AFEP)
The Franciscan Center	8100 Provincial Way	Centerville	OH	45458 937-432-6541	Aquatic Program (AFAP)
The Ohio State University Wexner Medical Center Health and Fitness	150 W. Main St.	New Albany	OH	43054 614-685-1820	Aquatic and Exercise Programs (AFAP/AFEP)
TriHealth Fitness & Health Pavilion	6200 Pfeiffer Road	Cincinnati	OH	45242 513-246-2642	Aquatic and Exercise Programs (AFAP/AFEP)
Twin Lakes Senior Living Community	9840 Montgomery Rd.	Cincinnati	OH	45242 513-247-1331	Exercise Program (AFEP)
Twinsburg Senior Apartments	9209 Darrow Rd	Twinsburg	OH	44087 2165706123	Exercise Program (AFEP)
Wesley Glen Wellness Center	5155 N. High St.	Columbus	OH	43214 614-396-4938	Aquatic and Exercise Programs (AFAP/AFEP)
Western Reserve Masonic Retirement Community	4931 Nettleton Rd	Medina	OH	44256 330-721-3000	Exercise Program (AFEP)
Westlake Community Services Department	29694 Center Ridge Rd	Westlake	OH	44145 440-899-3544	Exercise Program (AFEP)
YMCA of Greater Cleveland French Creek Facility	2010 Recreation Ln	Avon	OH	44011 440-934-9622	Aquatic and Exercise Programs (AFAP/AFEP)
YMCA of Greater Dayton - Xenia YMCA	135 East Church Street	Xenia	OH	45385 937-376-9622	Aquatic Program (AFAP)
Youngstown Jewish Community Center	505 Gypsy Ln	Youngstown	OH	44504 330-746-3251	Aquatic Program (AFAP)
Aquatic Arthritis	2017 W. I35 Frontage Road	Edmond	OK	73013 405-757-3325	Aquatic Program (AFAP)
Mercy Fitness Center	2017 W.I35 Frontage Road	Edmond	OK	73013 405-757-33-25	Aquatic Program (AFAP)
YWCA Tulsa East	8145 E. 17th st	Tulsa	OK	74112 918-858-2390	Aquatic Program (AFAP)
Beaverton Pool	12850 SW 3rd St	Beaverton	OR	97005 503-629-6312	Aquatic Program (AFAP)
Black Diamond Physical Therapy	4224 NE Halsey #340	Portland	OR	97213 503-783-6424	Exercise Program (AFEP)
Dallas Retirement Village	377 Northwest Jasper St	Dallas	OR	97338 503-623-5581	Exercise Program (AFEP)
Essie Stuhr Center	5550 SW Hall Blvd	Beaverton	OR	97005 503-629-6342	Exercise Program (AFEP)
Eugene Family YMCA	2055 Patterson St	Eugene	OR	97405 (541)686-9622	Aquatic Program (AFAP)
Friendly House	1737 NW Thurman Ave	Portland	OR	97210 503-228-4391	Exercise Program (AFEP)
Friendsview Retirement Community	1301 Fulton St	Newberg	OR	97132 503-538-3144	Exercise Program (AFEP)
Juniper Swim and Fitness Center	800 NE 6th St	Bend	OR	97701 541-389-7665	Aquatic Program (AFAP)
LifeStyle Fitness With Tony Marks	2403 NW Oar St	Lincoln City	OR	97367	Exercise Program (AFEP)
Mittleman Jewish Community Center	6651 SW Capitol Hwy RD	Portland	OR	87140 503-244-0111	Aquatic Program (AFAP)
North County Recreation District	36155 9th Street	Nehalem	OR	97131 5033686359	Aquatic and Exercise Programs (AFAP/AFEP)
OHSU: March Wellness & Fitness center	3303 SW Bond Ave 2nd Floor	Portland	OR	97239 503-418-6272	Aquatic Program (AFAP)
Oregon City Swimming Pool	1211 Jackson St.	Oregon City	OR	97045 503-657-8273	Aquatic and Exercise Programs (AFAP/AFEP)
YMCA of Sherwood	23000 SW Pacific Hwy	Sherwood	OR	97140 503-625-9622	Aquatic Program (AFAP)
YMCA of Willamette Valley	23000 SW Pacific Hwy	Sherwood	OR	97140 503-625-9622	Aquatic Program (AFAP)
ACAC Fitness and Wellness Ctr	1130 McDermott Dr	West Chester	PA	19380 484-574-0074	Aquatic and Exercise Programs (AFAP/AFEP)
Aerobic Center Lynchfield	526 New Alexandria Rd	Greensburg	PA	15601 724-834-2153	Aquatic Program (AFAP)
Allegheny YMCA	600 west north ave	pittsburgh	PA	15212 4123120210	Exercise Program (AFEP)
Baierl YMCA	600 West North Ave	Pittsburgh	PA	15212 412-321-8594	Exercise Program (AFEP)
Barber National Institute	100 Barber Place	Erie	PA	16507 814-453-7661	Aquatic Program (AFAP)
Bethlehem Twp Community Center	2900 Farmersville Rd	Bethlehem	PA	18020 610-332-1900	Aquatic Program (AFAP)
Brandywine Senior Living at Longwood	301 Victoria Gardens Dr	Kennett Square	PA	19348 484-734-6200	Exercise Program (AFEP)
Brethren Village Retirement Community	3001 Lititz Pike	Lancaster	PA	17606 800-367-9899	Aquatic Program (AFAP)
Butler County Family YMCA	339 N. Washington Street	Butler	PA	16001 724-287-4733	Aquatic Program (AFAP)
Central Perry Senior Center	227 West Main Street	New Bloomfield	PA	17068 7175825128	Exercise Program (AFEP)
Center For Fitness and Health	800 Plaza Drive	Belle Vernon	PA	15012 724-379-5100	Aquatic Program (AFAP)
Cool Springs Fitness & Aquatics	1051 E. Cornell Rd	Mercer	PA	16137 7246621910	Aquatic Program (AFAP)
Cornerstone Fitness & Spa	847 Easton Road	Warrington	PA	18976 215-918-5900	Aquatic Program (AFAP)
Country Meadows Retirement Community	4905 E Trindle Dr	Mechanicsburg	PA	17050 717-737-4028	Exercise Program (AFEP)
Franklin YMCA	111 W Park St	Franklin	PA	16323 814-432-2138	Aquatic and Exercise Programs (AFAP/AFEP)

Freedom Valley Christian Street YMCA	1724 Christian St	Philadelphia	PA	19146 215-735-5800	Aquatic Program (AFAP)
Garden Spot Village	433 S Kinzer Ave	New Holland	PA	17557 717-355-6131	Aquatic Program (AFAP)
Greater Johnstown Community YMCA	100 Haynes St	Johnstown	PA	15901 814-535-8381	Aquatic Program (AFAP)
Hatboro Area YMCA	440 S York Rd	Hatboro	PA	19040 215-674-4546	Exercise Program (AFEP)
Jennersville YMCA	880 West Baltimore Pike	West Grove	PA	19352 610-869-9622	Aquatic Program (AFAP)
Jewish Community Center	5738 Forbes Ave	Pittsburgh	PA	15217 412-521-8010	Aquatic and Exercise Programs (AFAP/AFEP)
Landis Homes	1001 E Oregon Rd	Lititz	PA	17543 717-569-3271	Aquatic Program (AFAP)
Longwood at Oakmont	500 Route 909	Verona	PA	15147 412-826-5800	Exercise Program (AFEP)
Luther Crest Senior Living Community	800 Hausman Rd	Allentown	PA	18104 610-398-8011	Exercise Program (AFEP)
Moss Rehab at Norristown	1330 Powell Street	Norristown	PA	19401 484-622-7595	Aquatic Program (AFAP)
Nazareth YMCA	33 S Main	Nazareth	PA	18064 610-759-3440	Aquatic Program (AFAP)
Newtown Athletic Club	120 Pheasant Rd	Newtown	PA	18940 215-968-0600	Aquatic Program (AFAP)
North Boroughs YMCA	1000 California Avenue	Pittsburgh	PA	15202 4122231900	Exercise Program (AFEP)
Pocono Family YMCA	809 Main St	Stroudsburg	PA	18360 570-421-2525	Exercise Program (AFEP)
Rose E. Schneider Family YMCA	2001 Ehrman Rd	Cranberry Twp	PA	16066 724-452-9122	Aquatic Program (AFAP)
Thelma Lovette YMCA	2114 Centre Ave	Pittsburgh	PA	15219 412-315-0990	Aquatic Program (AFAP)
University Fitness Center	30 Conference Drive	Hershey	PA	17033 717-7122841	Exercise Program (AFEP)
Warren County YMCA	212 Lexington Avenue	Warren	PA	16365 814-726-0110	Aquatic Program (AFAP)
West Shore YMCA	410 Fallowfield Rd.	Camp Hill	PA	17011 (717)737-9622	Aquatic Program (AFAP)
York Jewish Community Center	2000 Hollywood Dr	York	PA	17403 717-843-0918	Aquatic Program (AFAP)
Bayside YMCA	70 West Street	Barrington	RI	2806 401-245-2444	Aquatic and Exercise Programs (AFAP/AFEP)
Block Island Recreational Department	16 Old Town Rd	New Shoreham	RI	2807 401-466-3223	Exercise Program (AFEP)
Coventry Senior Center	50 Wood St	Coventry	RI	2816 401-822-9175	Exercise Program (AFEP)
Progreso Latino	626 Broad St	Central Falls	RI	2888 401-728-5920	Exercise Program (AFEP)
The Cranston Senior Center	1070 Cranston St	Cranston	RI	2920 401-780-6000	Exercise Program (AFEP)
Allendale Community Center	217 Flat Street	Allendale	SC	29810 (201)825-0660	Exercise Program (AFEP)
Baptist Easley Hospital	200 Fleetwood Drive	Easley	SC	29640 864-442-7509	Exercise Program (AFEP)
Barnwell County Public Library	40 Burr Street	Barnwell	SC	29812 803-686-0229	Exercise Program (AFEP)
Carnes Crossroads (AFAP)	513 Wodin Place	Summerville	SC	29486 (843)817-7333	Aquatic Program (AFAP)
Darlington Senior Center	402 Pearl Street	Darlington	SC	29532 843-393-8521	Exercise Program (AFEP)
Denny Terrace Gym	6429 Bishop Ave.	Columbia	SC	29203 803-754-5290	Aquatic and Exercise Programs (AFAP/AFEP)
Dillon County Council for the Aging	205 E Main St	Dillon	SC	29536 (843)774-0089	Exercise Program (AFEP)
Fountain Inn Activities Center	610 Fairview Street	Fountain Inn	SC	29644 8648624675	Exercise Program (AFEP)
Gadsden Park Community Center	1668 South Goodwin Circle	Gadsden	SC	29052 803-353-3677	Exercise Program (AFEP)
GHS Life Center	875 West Faris Road	Greenville	SC	29605 864-455-4231	Aquatic Program (AFAP)
GHS Y-Program Center	100 Adams Mill Road	Simpsonville	SC	29681 864-963-3608	Aquatic Program (AFAP)
Golden Retreat Senior Center	59 Callahan Circle	Blackville	SC	29817 803-284-2991	Exercise Program (AFEP)
Hampton Co. Recreation Dept.	361 W. Pine Street	Varnville	SC	29944 8036860229	Exercise Program (AFEP)
Harbison Community Center	106 Hillpine Rd	Columbia	SC	29212 803-761-2281	Aquatic Program (AFAP)
LifeQuest Swim and Fitness	4390 Spa Drive	Little River	SC	29566 843-399-2582	Aquatic Program (AFAP)
McKissick Center for Senior Wellness	349 Edgemont Ave	Liberty	SC	29657 864-855-3770	Exercise Program (AFEP)
McKissick Center for Senior Wellness	109 Wicklow Court	Easley	SC	29642 864-855-3770	Exercise Program (AFEP)
Newcastle/Trenholm Acres Community Center	5819 Shakespeare Road	Columbia	SC	29223 803-735-7033	Exercise Program (AFEP)
Northwest Senior Center	701 Saxon Avenue	Spartanburg	SC	29301 (864)596-3710	Exercise Program (AFEP)
SENIOR Solutions	3420 Clemson Boulevard	Anderson	SC	29621 864-210-8968	Exercise Program (AFEP)
Spartanburg Main Library	151 S. Church Street	Spartanburg	SC	29306 440-527-3544	Exercise Program (AFEP)
Sumter YMCA	510 Miller Rd	Sumter	SC	29150 803-773-1404	Aquatic Program (AFAP)
The Carolinian	718 S Dargan St.	Florence	SC	29506 864-380-0468	Exercise Program (AFEP)
Williston Town Hall	13112 Main Street	Williston	SC	29853 8036860229	Exercise Program (AFEP)
Avera McKennan Johnson Aquatic Center	1325 South Cliff Avenue	Sioux Falls	SD	57117 605-322-5047	Aquatic Program (AFAP)
Brentwood Family Ymca	8207 Concord Rd	Brentwood	TN	37027 615-373-9622	Aquatic Program (AFAP)
Donelson Heritage Family YMCA	3001 Lebanon Pike	Hermitage	TN	37214 615-889-2632	Aquatic Program (AFAP)
Dyersburg Office on Aging	1400 Hombrook St	Dyersburg	TN	38024 731-286-7622	Exercise Program (AFEP)
Fayette County Commission on Aging	108 Kay Drive	Somerville	TN	38068 901-465-3654	Exercise Program (AFEP)
Gordon Jewish Community Center	801 Percy Warner Blvd	Nashville	TN	37205 931-200-1411	Aquatic Program (AFAP)
J.D. Lewis Senior Citizens Center of Houston Co.	241 Arlington St	Erin	TN	37061 (931)289-3848	Exercise Program (AFEP)
John Calvin Apartments	364 Northgate Mall	Hixson	TN	37343 931-624-5913	Exercise Program (AFEP)
Kirby Pines Retirement Community	3535 Kirby Rd	Memphis	TN	38115 901-365-3665	Aquatic and Exercise Programs (AFAP/AFEP)
McMinn Sr Center	205 mcminn ave	athens	TN	37303 4237456830	Exercise Program (AFEP)
MyoWex Center	17308 US-64	Somerville	TN	38068 901-466-3660	Exercise Program (AFEP)
National Health Center	308 Lake Dr	Somerville	TN	38068 901-465-9861	Exercise Program (AFEP)
Shelbyville Recreation Center	220 Tulip Tree Rd	Shelbyville	TN	37160 931-684-9780	Aquatic Program (AFAP)
Take Charge Fitness	1921 N Charles G Selvers Blvd	Clinton	TN	37716 865-457-8237	Aquatic Program (AFAP)
The Wellness Center	200 Med Tech Parkway	Johnson City	TN	37604 423-737-8316	Aquatic and Exercise Programs (AFAP/AFEP)
Therapy Works	1397 S College St	Winchester	TN	37398 9319623225	Aquatic Program (AFAP)
Tipton County Commission on Aging	401 S College St	Covington	TN	38019 901-476-3333	Exercise Program (AFEP)
Trousdale County Senior Center	270 Marlene Street	Hartsville	TN	37074 615-374-1102	Aquatic and Exercise Programs (AFAP/AFEP)
Vanderbit Dayani Center for Health & Wellness	1500 Medical Center Dr	Nashville	TN	37232 615-322-4751	Aquatic Program (AFAP)
Warren County Administrative Building - Extension	201 Locust St	McMinnville	TN	37111 931-473-2505	Exercise Program (AFEP)
Wayne County Assisted Living	210 Fairlane Drive	Waynesboro	TN	38485 931-722-3229	Exercise Program (AFEP)
Bluebell Aquatic Center	1800 E. Tom Green	Brenham	TX	77834 9793377260	Aquatic Program (AFAP)
ETMC OLYMPIC CENTER	100 Municipal Dr.	Gun Barrel City	TX	75156 903-451-4000	Aquatic Program (AFAP)
JoGo Fitness	278 East US Highway 190	Brady	TX	76825 3254560756	Exercise Program (AFEP)
Oak Point Recreation Center	6000 Jupiter Rd	Plano	TX	75074 972-941-7540	Aquatic Program (AFAP)
San Antonio OASIS	2201 St. Cloud	San Antonio	TX	78201 210-236-5954	Exercise Program (AFEP)
Southwest Aqua Sports	3909 North Frankford Ave	Lubbock	TX	79416 (806)780-2782	Aquatic Program (AFAP)
Texas Health Huguley Fitness Center	11801 South Freeway	Fort Worth	TX	76028 817-568-3131	Aquatic Program (AFAP)
Franklin County YMCA	235 Technology Drive	Rocky Mount	VA	24151 540-489-9622	Aquatic Program (AFAP)
Life Care Center of New Market	315 E. Lee Highway	New Market	VA	22844 5407407153	Exercise Program (AFEP)
Tuckahoe YMCA Richmond	9211 Patterson Ave	Henrico	VA	23229 804-740-9622	Aquatic Program (AFAP)
Valley Health Wellness and Fitness Center	401 Campus Blvd	Winchester	VA	22601 540-536-3000	Aquatic Program (AFAP)
Victory YMCA	101 Long Green Boulevard	Yorktown	VA	23693 757-867-3300	Aquatic Program (AFAP)
Warwick Forest	850 Denbigh Blvd	Newport News	VA	23608 757-886-2000	Aquatic Program (AFAP)
Joslyn House	16 Maple Street	Randolph	VT	5060 802-728-6442	Exercise Program (AFEP)
The Edge	4 Morse Dr	Essex Junction	VT	5452 (802)879-7734 x1	Aquatic Program (AFAP)
The Edge Sports & Fitness	115 Wellness Dr	Williston	VT	5495 8028648044	Aquatic Program (AFAP)
Avamere Rehab of Cascade Park	801 se park Crest Ave	Vancouver	WA	98683 1-360-260-2200	Aquatic Program (AFAP)
City of Issaquah Julius Boehm Pool	50 SE Clark St	Issaquah	WA	98027 425-837-3350	Aquatic Program (AFAP)
Dunes Bible Camp Pool	23515 Pacific Way	Ocean Park	WA	98640 360-665-5827	Aquatic Program (AFAP)
Kingston Fitness	26001 Barber Cut Off Rd NE	Port Orchard	WA	98346 3602973336	Exercise Program (AFEP)
Kitsap Physical Therapy Poulsbo Village	19319 7th Ave #108	Poulsbo	WA	98370 360-779-3777	Aquatic Program (AFAP)
Mountlake Terrace Recreation Pavilion	5303 228th St SW	Mountlake Terrace	WA	98043 425-776-9173	Aquatic Program (AFAP)
Pullman Aquatic Center	500 NW Larry	Pullman	WA	99163 5093383237	Aquatic and Exercise Programs (AFAP/AFEP)
SiView Metropolitan Park District	400 SE Orchard Dr	North Bend	WA	98045 425-831-1900	Aquatic Program (AFAP)
Spokane Valley YMCA	2421 N Discovery Place	Spokane Valley	WA	99216 509-777-9622	Aquatic Program (AFAP)
Tri-City Court Club	1350 N Grant St	Kennewick	WA	99336 509-783-5465	Aquatic Program (AFAP)
West Seattle YMCA	3622 SW Snoqualmie Street	Seattle	WA	98126 206-935-6000	Aquatic Program (AFAP)

Aging and Disability Resource Center	1519 Water Street	Stevens Point	WI	54481 7153420753	Exercise Program (AFEP)
Aging&Disability Resource Center of Central Wisconsin	220 3rd Avenue S	Wisconsin Rapids	WI	54495 (715)421-0014	Exercise Program (AFEP)
Aquatic Center at CP	2801 S Webster Ave	Green Bay	WI	54301 920-403-7665	Aquatic and Exercise Programs (AFAP/AFEP)
Eagle Crest	351 Mason St	Onalaska	WI	54650 855-530-1088	Exercise Program (AFEP)
Evergreen	1130 North Westfield Street	Oshkosh	WI	54902 920-237-2172	Aquatic Program (AFAP)
Harbor Athletic Club	2529 Allen Blvd.	Middleton	WI	53562 608-831-6500	Aquatic Program (AFAP)
Hudson Hospital & Clinic	411 Stageline Rd.	Hudson	WI	54016 715-531-6497	Exercise Program (AFEP)
Hudson YMCA	2211 Vine St	Hudson	WI	54016 7153861616	Aquatic Program (AFAP)
Kettle Moraine YMCA	1111 W Washington St	West Bend	WI	53095 262-334-3405	Aquatic Program (AFAP)
Lakeland Senior Center	412 Balsam St	Woodruff	WI	54568 715-356-9118	Exercise Program (AFEP)
Oneida Elder Meal Site	2901 S Overland	Oneida	WI	54155 920-869-1551	Exercise Program (AFEP)
Plymouth Adult Community Center	1500 Douglas Drive Suite C	Plymouth	WI	53073 920-892-4821	Exercise Program (AFEP)
Prairie Athletic Club	1010 N Bird St	Sun Prairie	WI	53590 608-837-4646	Aquatic Program (AFAP)
Sampson Jewish Community Center	6200 N Sants Monics	Whitefish Bay Wi	WI	54227 414-964-4444	Aquatic and Exercise Programs (AFAP/AFEP)
St. Croix Therapy	742 Sterbenz Dr.	Hudson	WI	54016 715-531-6497	Aquatic Program (AFAP)
Two Rivers Senior Center	1520 17th St	Two Rivers	WI	54241 920-793-5596	Exercise Program (AFEP)
Wild Rose Manor	425 Summit Street P.O. Box391	Wild Rose	WI	54984 920-622-4342	Exercise Program (AFEP)
YMCA at Pabst Farms	1750 East Valley Rd	Oconomowoc	WI	53066 262-567-7251	Aquatic Program (AFAP)
Belington Wellness Center	70 N Sturmer St	Belington	WV	26250 304-823-1800	Aquatic Program (AFAP)
Campbell County Parks & Recreation Center	250 Shoshone Ave	Gillette	WY	82718 307-682-8527	Aquatic Program (AFAP)
Cheyenne Family YMCA	1426 E Lincolnway	Cheyenne	WY	82001 307-634-9622	Aquatic and Exercise Programs (AFAP/AFEP)